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COMPOUNDED WEIGHT LOSS MEDICATION CONSENT

TODAYS DATE:_____

PATIENT NAME:_____ DOB:_____

Semaglutide and Tirzepitide are human-based glucagon-like-peptide-1 receptor agonists prescribed as an adjunct to a reduced calorie diet and increased physical activity for chronic weight management in adults with an initial body mass index (BMI) that is considered outside a healthy range. While using these medicines, it is highly recommended that you:

- Eat a fibrous diet. Focus on fruits and vegetables that are high in fiber.
- Eat small high protein meals as digestion is slowed down while on these medications.
- Avoid foods high in fat as they take longer to digest.
- Limit alcohol intake.
- Drink at least 64 oz of water a day to avoid constipation.

Do not take this medication if:

- You have a personal or family history of medullary thyroid carcinoma (thyroid cancer).
- You have a personal or family history of Multiple Endocrine Neoplasia Syndrome Type 2.
- You are pregnant or plan to become pregnant while taking these medicines.
- You are diabetic and/or are taking any. Medications related to lowering your blood sugar levels without speaking with your doctor.
- Specifically, if you are prescribed insulin. The combination of insulin and GLP-1s may increase your risk of hypoglycemia (low blood sugar) and dosage adjustments by your provider may be necessary.
- You have a history of pancreatitis.
- You are allergic to Semaglutide, Tirzepitide or any other GLP-1 agonist such as Adlyxin, Byetta, Bydureon, Ozempic, Rybelsus, Trulicity, Vicotza, Mounjaro, Zepbound or Wegovy.

Possible Drug Interactions:

- Anti-diabetic agents, specifically insulin and sulfonylureas (glyburide, glipizide, glimepiride or tolbutamide) due to increased risk of hypoglycemia (low blood sugar).
- Do not take with other GLP-1 agonists as listed above.

Possible Side Effects:

- Including but not limited to nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distension, belching, hypoglycemia, flatulence, gastroenteritis and gastroesophageal refux.
- Subcutaneous injections: common injection site reactions characterized by itching, burning at site of administration with or without thickening of the skin. If you notice other side effects not listed above, contact your doctor.
- A very serious allergic reaction to this drug is rare. However, get medical assistance immediately if you notice any symptoms of a serious drug reaction. These include itching/swelling (especially of the face/tongue/throat), severe dizziness or trouble breathing. Report adverse side effects to your doctor. In the event of any emergency, call 911 immediately.

IF YOU HAVE ANY QUESTIONS AS TO THE RISKS OR HAZARDS OF THIS TREATMENT, ASK THE STAFF BEFORE SIGNING THIS CONSENT FORM.

The semaglutide and tirzepitide being prescribed are compounded medications with the same active ingredient as Ozempic, Wegovy, Rybelsus, Mounjaro and Zepbound. They are not, however, manufactured by the same pharmaceutical company as the others.It is important to understand the following:

- Not FDA-Approved:** Compounded medications are customized by a licensed pharmacist to meet the specific needs of an individual patient based on a prescription from a licensed healthcare provider. However, compounded medications are not reviewed and approved by the U.S. Food and Drug Administration (FDA) for safety, effectiveness, or quality before they are marketed.

- Tailored Treatment:** Your healthcare provider has determined that a compounded medication is necessary because a commercially available, FDA-approved medication, does not meet your specific medical needs or is not available under your insurance plan. This might be due to allergies to certain ingredients, the need for a specific dosage form or other individual patient factors.

- Potential Risks:** Because compounded medications are not subject to the same testing and approval processes as commercially manufactured drugs, their quality and potency may vary. Potential risks include, but are not limited to, the possibility of contamination, incorrect dosage, and variations in active ingredient concentration. Poor compounding practices can lead to serious patient harm. Your doctor has chosen a compounding pharmacy that has proven over time to provide the most consistent and quality compounded medications available.

- Pharmacist and Prescriber Responsibilities:** The licensed pharmacist preparing this medication is responsible for ensuring its quality and accuracy according to your prescription. Your prescribing healthcare provider has evaluated your medical condition and determined that this compounded medication is the appropriate course of treatment.

- Patient Responsibility:** It is important to follow the instructions for use provided by your pharmacist and healthcare provider. If you experience any adverse reactions or have concerns about your compounded medication, contact your healthcare provider immediately.

- Alternative Options:** Your healthcare provider has considered commercially available, FDA-approved medications and has determined that they are not suitable for your specific needs. If an FDA-approved alternative exists and is medically appropriate for you, your healthcare provider will discuss that option with you.

- Questions and Concerns:** Please do not hesitate to ask your healthcare provider or the compounding pharmacist any questions you may have regarding this medication.

By signing below, you acknowledge that you have read and understood the information provided regarding your compounded medication and have had the opportunity to ask questions. I am aware of the possible side effect and drug interactions and give my consent for treatment. I have informed the medical staff of any known allergies to drugs or other substances and any past adverse reactions I have experienced. I have informed the medical staff of all medications and supplements I am currently taking. I understand there are other ways and programs that can assist me in my desire to decrease my body weight and acknowledge that no guarantees have been made to me concerning my results. There is no guarantee of weight loss and results can vary from person to person.

_____ _____

Printed Name Signature

_____

Date